

EXTENSIONS:



Activity P.w
Grades K - 3

Food

Fruit Bread Rounds

Heat $\frac{1}{2}$ cup raisings in $\frac{1}{4}$ cup unsweetened frozen apple juice concentrate until the raisings are tender (approx. 3 minutes). Place raisins in a blender and puree. The add 1 sliced banana, $\frac{1}{2}$ cup vegetable oil, 1 teaspoon vanilla, $\frac{1}{2}$ cup canned pumpkin, and 1 egg and blend again. In a large bowl, mix or sift together 1 cup whole-wheat flour, $\frac{1}{4}$ cup wheat germ, $\frac{1}{2}$ teaspoon salt and 1 tablespoon cinnamon. Pour in pumpkin mixture and stir well. Remove the labels from 2 empty 16-oz. Vegetable cans. Wash and dry the cans and spray the insides with nonstick vegetable cooking spray. Fill cans approx. $\frac{3}{4}$ full with the bread mixture. Place in oven and bake at 350 degrees for 50 to 60 minutes. Let cool. Remove bread from cans and slice into $\frac{1}{4}$ inch rounds. Serve plain or spread with cream cheese that has been mixed with a small amount of unsweetened frozen apple juice concentrate. Makes 16 servings. (Recycle the cans.)

From Theme-A-Saurus by Warren, 1989, pg. 77

Craft

Cardboard Box Painting

Materials: cardboard box, tempera paints, paint brushes, water, rags

1. Paint box with tempera making a colorful scene, design or picture.
2. Let dry and store books or toys in "habitat."

From Good Earth Art by Mary Ann Kohl, 1991.

Non-Fiction

Cartons, Cans and Orange Peels: Where Does Your Garbage Go?

By Joanna Foster.

Recycle!

By Gail Gibbons

Fiction

The Great Trash Bash

By Loreen Leedy.

Dear Garbage Man

By Gene Zion.