



THE THREE R'S

Activity Worksheet A
Activity P.u

Name _____ Date _____

Each of us should act now to reduce the solid waste problem. By reducing the amount of trash we make, we can cut down on crowded landfills, save valuable natural resources and save energy.

There are many simple things each of us can do to cut down on the amount of trash we make. We can buy and use products according to the 3 R's: reduce, reuse, and recycle.

REDUCE the amount of trash you make by buying products that will last a longer time. Buy products with the least amount of packaging. One thing young people can do to reduce is to buy toys that are well made. Take care of them. Toys that last a long time will save natural resources and will not fill up the landfills as fast.

REUSE as many products as you can. Buy reusable products instead of disposable ones (products that are thrown away after only a few uses). An example of reuse that each of us can do is to use both sides of writing paper whenever possible.

RECYCLE as many materials as you can and buy products that have been recycled.

Think of all the products you use. All of these use natural resources and will eventually be thrown away. Remember that everything you buy and use has an effect on the environment.

Directions: Use the 3 R's to develop a list of as many things you and your friends could do to help reduce the amount of trash you make. Write your ideas in the space below. Use the back of this paper if you need more room.

- 1.
- 2.
- 3.
- 4.

5.

6.