



The Lite Lunch

Activity Worksheet
Activity P.o

Name: _____ Date: _____

Weigh the waste packaging in your lunch every day for two weeks. Record your findings.

| | Weight | Change | % Change | Observations |
|------------------|---------------|---------------|-----------------|---------------------|
| MONDAY | | | | |
| TUESDAY | | | | |
| WEDNESDAY | | | | |
| THURSDAY | | | | |
| FRIDAY | | | | |
| MONDAY | | | | |
| TUESDAY | | | | |
| WEDNESDAY | | | | |
| THURSDAY | | | | |
| FRIDAY | | | | |